



## CAM Chronicles

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*Citizens Against Meth and Other Addictive Substances' mission is to educate the citizens of Gordon County about the crisis our community faces with the methamphetamine epidemic and other addictive drugs. We seek to encourage and assist in youth and adult prevention and rehabilitation by providing resources for individuals and their families, and to collaborate with social service programs, the educational systems, businesses, churches, government and youth -related programs to eradicate the substance abuse problem.*

### **CAM Hosts Its First Annual Run for Recovery**



Citizens Against Meth is excited to announce its **First Annual Run for Recovery, Saturday, May 15, 2010**. Our theme is **"There is Hope in Recovery"**.

Despite the prevalence of substance use disorders in the United States, substance use disorders are treatable diseases and achieving recovery is possible! This event will showcase the commitment and efforts of people in recovery from substance use disorders, and celebrate the empowerment and renewed outlook on life obtained through recovery.

We have created an exciting route with a **FLAT COURSE**, so it's an opportunity to set a Personal Record (PR). **The race will start at Calhoun High School in front of the stadium on Yellow Jacket Drive, it goes left on Pine Street, right on River Street, it continues on River Street and turns right into the Recreation Park on Recreation Road, where the runners will loop around the park and finish there.**

Non-runners can participate in the **"Circle of Recovery"** where you can take a lap for yourself or someone you love who is dealing with addiction, lost their life to addiction, or is living victoriously in recovery.

#### **Registration Fees:**

\$10 – *Circle of Recovery*

\$15 – *Early Registration (by April 15<sup>th</sup>)*

\$20 – *Regular Registration (April 15- May 5)*

\$25 – *Late/Same Day Registration*

### **New Rules Require Parity in Treatment of Mental, Substance Use Disorders**

The Departments of Health and Human Services, Labor and the Treasury jointly issued new rules providing parity for consumers enrolled in group health plans who need treatment for mental health or substance use disorders. The new rules prohibit group health insurance plans, typically offered by employers, from restricting access to care by limiting benefits and requiring higher patient costs than those that apply to general medical or surgical benefits. The rules implement the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008 (MHPAEA).

The new law requires that any group health plan that includes mental health and substance use disorder benefits along with standard medical and surgical coverage must treat them equally in terms of out-of-pocket costs, benefit limits and practices such as prior authorization and utilization review. These practices must be based on the same level of scientific evidence used by the insurer for medical and surgical benefits. For example, a plan may not apply separate deductibles for treatment related to mental health or substance use disorders and medical or surgical benefits, they must be calculated as one limit. MHPAEA applies to employers with 50 or more workers whose group health plan chooses to offer mental health or substance use disorder benefits. The new rules are effective for plan years beginning on or after July 1, 2010.

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